

Curriculum Vitae

- Name:** MICHAEL GÜNTHER LUDWIG
- Date of Birth: 29.08.1963, Bavaria, Germany.
- Spring 1982: successful completion of the apprenticeship to the bank clerk, Munich, Germany.
- 1990-1994: Night watch in a home for elderly people.
- April 1996: Graduating as a Psychologist with diploma of the Roman Catholic University of Eichstätt, Germany (Diplom-Psychologe, Univ.).
- Summer 1996: Permission of the execution of psychotherapy as a medicine by the public health department.
- 1995-1998: Psychologist at a sanatorium for mother and child (diagnostics, psychotherapy, relaxationtrainings).
- 1996-1997: Execution of Assertiveness-Trainings at the adult education center.
- 1996-1998: Scientific employee (full time) at the institute of general psychology and method teaching of the philosophical, educational faculty of the Catholic University of Eichstätt: (task area: lectures in test theory, lectures in General Psychology, seminars in Method teaching, experimental psychology, general psychology, examinations, graduations, support and evaluation of degree work etc.).
- 1998: Publication: Ludwig, M. & Plaum, E. (1998). „Glaubensüberzeugungen“ bei Psychotherapeutinnen/ Psychotherapeuten (Believe-systems in psychotherapists). Zeitschrift für Klinische Psychologie, Psychiatrie und Psychotherapie 46, 58-83.
- 28.10.1999: Doctorate (Promotion) to the Doctor Philosophiae, Department of psychology (phd), Catholic. Univ. Eichstätt.
- 1999: Publication about the connection between elaboration and hindsight-bias: Pohl, R., Ludwig, M. & Ganner, J. (1999). Kein Zusammenhang zwischen Grad der Elaboration und Ausmaß des Rückschaufehlers. Zeitschrift für Experimentelle Psychologie, 46, 4, 275-287.
- 1998-1999: Education to the traffic psychologist or expert/driving suitability expert at TÜV MPI.
- 1999-2000: Employment at the chair of social paedagogics of the Roman Catholic University of Eichstätt as method expert to the project cooperation on research projects of the neurological clinic and the Federal Government (scientific advisory board of the research project, „innoregio“).
- 1999-2000: Lectureship at Catholic University of Eichstätt on the implementation of the lecture course „Testing theory“.

- 2000: Lectureship at Catholic University of Eichstätt on the implementation of the seminar „Questionnaire diagnosis“.
- 2000: Publication of my thesis about Gender differences in hindsight bias: Ludwig, M. (2000).
Geschlechterunterschiede beim Rückschaufehler.
Hamburg: Dr. Kovac.
- 2000-2002: Administration of the “Treuchtlinger Institute of Psychohygiene“.
- September 2000: Training: „legal framework of transport participation“ (BDP).
- Mai 2001: Appointment to the „trafficpsychological consultant“ (BDP).
- Mai 2001: Appointment to the „instructor for autogenic training“(BDP)
- Mai 2001: Training and appointment to the „Course moderator model LEER“ (Pluspunkt).
- Mai 2002: Training and appointment as the „driving behavior observer“ (TÜV).
- November 2002: Recognition as a „Coach for multimodal stress competence“ (BDP).
- February 2003: Training and Recognition as a „Stress management coach for Children“ (TK).
- 2001-2003: Training to „Professional psychologist of transport/traffic psychology“ (BDP).
- August 2003: Appointment as „Specialist psychologist for traffic psychology“ (BDP).
- 2004-now: Practice of „psychotherapy and traffic therapy“ in Lindau/ lake constance, Germany.
- May 2004: Training and certification as a „Coach for novice drivers“ (KfV, Austria).
- June 2004: Introduction to the instructor for driving suitability experts (TÜV).
- 2004-2009: Education in cognitive behavior therapy (Human Research Institute of the Cusanus Academy, Bressanone, Italy).
- Fall 2005: Election of the Councillor of the psychologist chamber, Bolzano, Italy.
- Summer 2006: Con-development and co-management of a group therapy model to the fitness to drive after brain damage, Bressanone, Italy.
- Fall 2006: Coaching-activity for BMW, Lindau, Germany.
- December 2006: Lecture at the convention to road safety in Milan, Italy (Ottava Giornata di Studio e Confronto sulla Sicurezza Stradale).
- February 2007: Adaptation of group therapy model to the driving ability after brain injury for individual therapy and implementing in Lindau, Germany and Bressanone, Italy.

- 2002-2012: Development of a concept based on cognitive behaviour therapy of the therapy of road offenders (traffichotherapy - Verkehrstherapie).
- 2007/2008: Member of the management team of the South Tyrolean healing professions against alcohol abuse.
- April 2008: Lecture at the Congress (for road safety) „Lo Psicologo del Traffico: Teorie, Esperienze, Prospettive.“ at the University of Milan „Cattolica del sacro Cuore“, Italy.
- February 2009: Lecture at the Congress (for Industrial psychology) „Benessere a sé e agli altri“ – Aspetti della Sicurezza sul lavoro per Operatori ed Utenti, Padova, Italy, on the subject of psychological coaching.
- June 2009: Completion of the cognitive behaviour therapy education and appointment and admission to be and work as a „Psychotherapist, focus on cognitive behavioral therapy“ in Italy.
- 23.10.2009: lecture at a meeting on traffic psychology in Bolzano, Italy: Therapy with road offenders („circulationtherapy“ / „traffichotherapy“ - „Verkehrstherapie“).
- 2010: Re election to the Councillor of the psychologist Chamber Bolzano, Italy.
- March 2011: Leading of a training session of the psychologist Chamber South Tyrol on the subject: „Driving aptitude test“.
- May 2012: Leading a training session of Stress competence training for the District Administration Office, Lindau, Germany .
- June 2011: Leading of a training session of the psychologist Chamber South Tyrol on the subject of traffichotherapy.
- January 2012: Passing the exam of competence of language in Italy, level A scripture.
- June 2012: Leading a training session of the Austrian Academy of psychology (Bregenz) on the subject: „Verkehrstherapie“ (traffichotherapy).
- 2012: Coaching-activity for Liebherr-Elektronik-GmbH, Lindau.
- Dec. 2012: Lecture on a Congress on road safety in Milan, Italy on the subject of „Verkehrstherapie“ (traffichotherapy).
- 01.02.2013: Passing the exam of bilingualness German/Italian, level A, at Bolzano, Italy.
- May 2013: Lecture on „International Traffic Medicine Association“ (ITMA) in Hamburg, Germany to the topic of „Traffichotherapy“.
- May 2013: Publication: Ludwig, M. (2013). „Traffic therapy - A new treatment for old wounds“. Blutalkohol, Vol. 50, No. 3, S. Sup. I -70-71.
- June 2013: Leading a training session of the Austrian Academy of

- psychology (Bregenz) on the subject: „Methods of traffictherapy“.
- August 2013: contract as a psychological advisor for Employees at the Liebherr-Elektronik-GmbH, Lindau, Germany.
- 2013: Coaching-activity for Liebherr-IT-Services GmbH, Kirchdorf, Germany.
- 2011-2014: Coaching-activity for the District Administration Office, Lindau, Germany.
- 26.02.2014: Recognition of my University-Diploma-Degree of Psychology by the Main Authority for Health in Switzerland, Bern (professional permission as a Psychologist in Switzerland).
- April 2014: Publication: Ludwig, M. (2014). „TRAFFIC THERAPY - A NEW TREATMENT FOR OLD WOUNDS“. in: Brieler, P., Püschel, K. (Eds.): Safe Mobility on Land, Sea and in the Air, 23rd World Congress International Traffic Medicine Association, Mai 19th - Mai 22nd 2013 Hamburg/Germany. Hamburg: Verlag Dr. Kovac.
- April 2014: 10-years Anniversary of the Practice for Traffictherapy, Psychotherapy and psychological Coaching, Dr. Ludwig, Lindau/Bodensee.
- August 2014: Offer of the „Azienda sanitaria di Bressanone“ for working as a Neuropsychologist (Neuropsicologia e psicologia ospedaliera) at the Hospital Bressanone, Italy.
- 15.10.2014: Seminar on Traffic Therapy, Genova, Italy, as part of the formation of Traffic Psychologists in Italy.
- 17.10.2014: Speech on Traffic Therapy on a Congress „Promuovere Sicurezza Stradale“ in Milan, Italy.
- December 2014: Joboffer of the „Azienda sanitaria di Bressanone“ for working as a Psychologist in the department of Psychiatry at the Hospital of Bressanone, Italy.
- Summer 2015: Opening of two new branches of my practice in Wangen and Ochsenhausen.
- (prev.) Winter 2015/16: Publication: Ludwig, Michael. (2015). „Verkehrstherapie - Vom Fluch zum Segen - Einführung in die Psychotherapie auf Basis der Verkehrspsychologie und der Kognitiven Verhaltenstherapie“. Bonn: Kirschbaum-Verlag. („Introduction into traffictherapy on the basis of traffic psychology and cognitive behavioural therapy“).
- (prev.) Winter 2015/16: Publication: Kern, A.O., Ludwig, M. (2015). Führung und Gesundheit. In: Buchenau, P.H. (Ed.). Chefsache Gesundheit. Heidelberg: Springer-Gabler.
- To come (asked): Publication: Ludwig, M. (2016) “Traffictherapy - the way to healthier traffic”, Journal of Traffic and Transportation Engineering, Libertyville, USA.